



WE TREAT A RANGE OF DIAGNOSES

- ✓ Constipation
- ✓ Increased urinary frequency
- ✓ Decreased urinary frequency
- ✓ Day-time incontinence
- ✓ Night-time incontinence
- ✓ Bed-wetting, or enuresis
- ✓ Giggle incontinence
- ✓ Incontinence in the athletic female child or teenager
- ✓ Waking up in the night to urinate or nocturia
- ✓ Difficulty with urination: straining, slow flow, pain during or after urination
- ✓ Reduced sensation of bladder or bowel fullness
- ✓ Pain in the abdomen, bladder or lower back
- ✓ Fecal incontinence
- ✓ Treatment after pediatric pelvic surgeries



CONTACT US

333 East 56th Street
Ground Floor
New York, NY 10022

212.317.1600
Suttonplacept.com
①②③

We offer a FREE 15 minute consultation to help you determine if physical therapy is right for you and your child or teen.



Sutton Place
PHYSICAL AND AQUATIC THERAPY



PEDIATRIC PELVIC HEALTH

Treating Infants, Children
& Adolescents

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WE HELP

Although millions of children suffer from pelvic floor dysfunction, it often takes a long time to receive the right treatment.

Typically, children are toilet trained by age 4. After age 4, bowel and bladder dysfunction is considered a major medical issue that affects the family unit.

Pelvic problems in children greatly influence the quality of life, self-image, social interactions, participation in sports, etc. A pelvic physical therapist can help restore normality in bladder and bowel function and prevent the progression of problems that, if untreated, may be carried over into adult life.

WE SPECIALIZE

All pelvic physical therapy treatments are always done with a physical therapist trained in pediatric pelvic floor issues, and always with your doctor's knowledge. Children are dressed and parents and guardians are present.

During each session, your child or teen will work exclusively with one of our pelvic health physical therapists to help build strength, improve movement, and strengthen the skills and confidence needed to complete daily activities.



WE PARTNER

Children or teens with Pelvic dysfunction, and those with neurological pathologies have different needs than adults. Thus our therapists need to work with parents, teachers, and other healthcare professionals such as urologists, GI's, pediatric physical therapists, and psychologists to provide an integrated and comprehensive plan of care.



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PHYSICAL AND AQUATIC THERAPY

Call Us 212.317.1600
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*Picture of Child in
Red shirt toilet*

From: Beth Silver bsilver@doubetllc.com
Subject:
Date: October 26, 2020 at 1:40 PM
To:

BS

#2 ("We specialize" we add:

We use traditional EMG biofeedback as well as innovative bladder ultrasound imaging biofeedback to help the child gain awareness and control of the pelvic floor muscles through visualization of the bladder. Children nowadays are used to working with visuals in the screen, and this method provides very fast improvements in pelvic floor muscle control.

